



Lantra

Horse Care

National Occupational Standards and Qualification Structure for NVQ/SVQ Level 1

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Horse Care

Qualification Structure for NVQ Level 1

The NVQ/SVQ Level 1 for Horse Care covers the basic skills of working with horses in the equine sector. All the work covered by the qualification will be carried out under supervision. This is reflected in the unit titles that describe 'assisting with' specific tasks and functions. The qualification will provide a good grounding in horse care. There is also an additionally accredited unit concerning riding quiet horses in an enclosed area. The candidate must achieve all five of the mandatory units in order to achieve the qualification.

Mandatory Units

Unit 101	Assist with the care of horses
Unit 102	Assist with cleaning the stables and yard
Unit 103	Assist with putting on, taking off and cleaning, equipment
Unit 104	Assist with handling horses
Unit 105	Maintain health, safety and good working relations

Additionally accredited unit: (It is recommended that unit 106 is an additional unit for those candidates who have an interest in achieving a riding unit)

Unit 106	Ride horses in an enclosed area
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Horse Care

Unit and Element Titles

Unit 101	Assist with the care of horses –
Element 101.1	Assist with feeding and watering horses
Element 101.2	Assist with grooming and washing horses
Unit 102	Assist with cleaning the stables and yard
Element 102.1	Assist with cleaning stables
Element 102.2	Assist with cleaning the yard
Unit 103	Assist with putting on, taking off and cleaning, equipment
Element 103.1	Assist with putting on, and taking off, tack
Element 103.2	Assist with putting on, and taking off, horse rugs
Element 103.3	Assist with cleaning tack and horse clothing
Unit 104	Assist with handling horses
Element 104.1	Assist with leading and controlling a horse for inspection
Element 104.2	Assist with catching and moving horses
Unit 105	Maintain health, safety and good working relations
Element 105.1	Maintain health and safety in the workplace
Element 105.2	Maintain good working relations with others
Unit 106	Ride horses in an enclosed area
Element 106.1	Mount and dismount quiet horses
Element 106.2	Ride a quiet horse

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Unit 101

Assist with the care of horses

Element 101.1	Assist with feeding and watering horses
Element 101.2	Assist with grooming and washing horses

About this unit

This unit is about assisting with the care of horses. It covers the provision of feed and water, as well as grooming and washing horses. The work described in this unit would be carried out under close supervision.

Element 101.1 covers assisting with the daily feeding and watering of horses.

Element 101.2 covers assisting with grooming and washing horses.

You will need to be fully aware of the importance of health and safety in connection with this work.

Element 101.1 Assist with feeding and watering horses

Performance Criteria

You must be able to:

- 1 feed the horse according to instructions
- 2 feed the horse in the correct place
- 3 supply the horse with water using the correct sources, system and quantities
- 4 report any changes in the feeding and drinking habits of horses to the appropriate person
- 5 clean and replace equipment, ensuring it is fit for use
- 6 identify and report any hazards to the appropriate person
- 7 dispose of waste from feeding safely and correctly
- 8 maintain the health and safety of horses, self and others during the work

Knowledge and Understanding

You must know and understand:

- (a) methods of feeding and watering horses throughout the year
- (b) normal feeding habits of the horses and why it is important to report any changes
- (c) the types of changes in horses feeding habits which may occur
- (d) how equipment should be cleaned, maintained and stored
- (e) hygiene requirements of horses, self and others
- (f) health and safety policy, and own responsibility under health and safety legislation
- (g) how waste should be disposed of
- (h) changes in horse's behaviour at feeding time, and safety awareness

Element 101.1 Assist with feeding and watering horses

Evidence Requirements

Your evidence must prove that you assist with feeding and watering horses to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for feeding and watering:

- stabled horses
- horses at grass

You must provide performance evidence for providing the following feed:

- forage
- concentrate

You must provide performance evidence for feeding:

- a single horse
- groups of horses

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

The element applies to feeding quiet and safe horses.

Assessment is to take place in the workplace using methods of feeding and watering which conform to current good practice, including reporting changes in feeding habits.

Where performance criteria 4 and 6 are not evidenced from observation the following are potential sources of evidence:

- oral questioning
- written
- witness testimony
- portfolio

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

Element 101.2 Assist with grooming and washing horses

Performance Criteria

You must be able to:

- 1 select and use grooming equipment according to instruction
- 2 wash feet and legs according to the approved method
- 3 sponge the horse down in accordance with instructions
- 4 groom the horse so that it is ready for exercise
- 5 report changes in the condition of the shoes to the appropriate person
- 6 clean grooming equipment and store it correctly after use
- 7 identify and report hazards to the appropriate person
- 8 maintain the health, safety and security of horse, self and others during the work

Knowledge and Understanding

You must know and understand:

- (a) the dangers of dusty environment
- (b) the dangers of wearing perfume and jewellery
- (c) the different types of grooming techniques and when to use them
- (d) health and safety precautions to be taken
- (e) importance of drying legs after washing
- (f) different grooming requirements of stabled and grass kept horses
- (g) the types of grooming equipment which are commonly used
- (h) how to use, clean and store grooming equipment
- (i) the reasons why changes in the condition of the shoes (e.g. loose, lost, damaged) must be reported

Element 101.2 Assist with grooming and washing horses

Evidence Requirements

Your evidence must prove that you assist with grooming and washing horses to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

Performance evidence is required for the following:

- grooming horses in preparation for exercise
- grooming horses after exercise
- thorough grooming

Performance evidence is required for the following:

- washing and drying a horse's mane, tail, feet and legs, as directed
- sponging off a horse after exercise

You must also provide performance evidence of the knowledge and understanding stated in this element.

Notes

The work can be carried out using either a bucket or a hosepipe for washing the horse.

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Unit 102

Assist with cleaning the stables and yard

Element 102.1	Assist with cleaning stables
Element 102.2	Assist with cleaning the yard

About this unit

This unit is about assisting with cleaning the stables and yard. The work described in this unit would be carried out under close supervision.

Element 102.1 covers assisting with cleaning stables.

Element 102.2 covers assisting with cleaning the yard.

You will need to be fully aware of the importance of health and safety in connection with this work.

Element 102.1 Assist with cleaning stables

Performance Criteria

You must be able to:

- 1 tie the horse up safely and securely
- 2 prepare the equipment and bedding and check they are safe for use
- 3 clean stables and dispose of waste according to instructions
- 4 identify and report any hazards to the appropriate person
- 5 replace equipment according to instruction
- 6 check, clean and replace the water supply
- 7 maintain the health and safety of horses, yourself and others during the work

Knowledge and Understanding

You must know and understand:

- (a) the horses' basic welfare requirements and how to maintain their health and well-being
- (b) the types of bedding used in stabling to maintain horses' health and well-being
- (c) the potential hazards which may arise in the stables
- (d) your own responsibilities under animal welfare and health and safety legislation
- (e) how to handle horses
- (f) how to tie horses up safely and securely
- (g) how to dispose of waste safely and correctly
- (h) the types of equipment used in stabling
- (i) the correct use of disinfectants and legislative requirements

Element 102.1 Assist with cleaning stables

Evidence Requirements

Your evidence must prove that you assist with cleaning stables to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for the following cleaning:

- skip out
- full muck out (whilst the horse is in the stable)
- disinfection

You must provide performance evidence for preparing two types of bedding:

- straw
- shavings
- paper

You must, however, prove that you have the necessary knowledge and understanding to prepare all types of bedding listed above.

You must provide performance evidence for meeting the following welfare requirements:

- depth of bedding
- water provision

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

Where performance criteria 4 is not evidenced from observation the following are potential sources of evidence:

- oral questioning
- written
- witness testimony
- portfolio

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

Use of disinfectants must meet COSHH standards.

Element 102.2 Assist with cleaning the yard

Performance Criteria

You must be able to:

- 1 keep the yard clean and maintain the muck area in accordance with instructions
- 2 identify any hazards and report them to the appropriate person
- 3 clean surface drains to ensure the free-flow of excess water
- 4 use equipment safely and store it in the correct place
- 5 report faults and defects immediately to the appropriate person
- 6 maintain the health, safety and security of self and others during the work

Knowledge and Understanding

You must know and understand:

- (a) procedures in icy and adverse weather conditions
- (b) reasons for keeping yard and surrounding areas free from hazards
- (c) reasons for personal hygiene as it applies to working on the yard
- (d) health and safety implications associated with drains and muck heaps
- (e) correct use and storage of equipment
- (f) reporting procedures
- (g) the types of equipment for the work
- (h) to whom faults and defects should be reported
- (i) types of hazards which may be present in the yard and how these should be removed or controlled

Element 102.2 Assist with cleaning the yard

Evidence Requirements

Your evidence must prove that you assist with cleaning the yard to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for:

- assisting with tidying the muck heap
- sweeping the yard

You must prove that you have the necessary knowledge, understanding and skills to respond to identify and report the following hazards:

- slippery surfaces
- adverse weather conditions
- debris

This may be achieved through questioning and answering.

You must also provide evidence of the knowledge and understanding stated in this element.

Notes

Assessment is to take place in the workplace according to current good practice.

Where performance criteria 3 and 5 are not evidenced from observation the following are potential sources of evidence:

- oral questioning
- written
- witness testimony
- portfolio

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

Adverse weather conditions include rain, wind and heat.

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Unit 103

Assist with putting on, taking off and cleaning, equipment

Element 103.1	Assist with putting on, and taking off, tack
Element 103.2	Assist with putting on, and taking off, horse rugs
Element 103.3	Assist with cleaning tack and horse clothing

About this unit

This unit is about putting on and taking off tack and horse rugs. It also covers cleaning tack and horse clothing. The work described in this unit would be carried out under close supervision.

Element 103.1 covers putting on, and taking off, tack. Tack includes; simple snaffle, exercise boots, bridle, saddle, neck strap and numnah.

Element 103.2 covers putting on, and taking off, horse rugs. Horse rugs include; under rugs and top rugs.

Element 103.3 covers cleaning tack and horse clothing. Cleaning includes washing and brushing.

You will need to be fully aware of the importance of health and safety in connection with this work.

Element 103.1 Assist with putting on, and taking off, tack

Performance Criteria

You must be able to:

- 1 approach the horse in a manner which minimises risk
- 2 identify the horse according to instructions
- 3 put the tack on the horse according to instructions
- 4 report any difficulties to the appropriate person
- 5 put on exercise boots correctly
- 6 remove tack after work and store it in the required place
- 7 maintain the health and safety of the horse, yourself and others during the work

Knowledge and Understanding

You must know and understand:

- (a) how to recognise if the tack is likely to cause the horse discomfort or be unsafe
- (b) how to secure the horse if it needs to be left when tacked up
- (c) the parts of bridle and basic parts of the saddle, and the individual horse's equipment
- (d) safety precautions to be taken while tacking up
- (e) horse identification through colours and markings
- (f) how to tack up and untack horses
- (g) the types of difficulties which may occur and to whom these should be reported
- (h) how and where to store tack

Element 103.1 Assist with putting on, and taking off, tack

Evidence Requirements

Your evidence must prove that you assist with putting on and taking off tack to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

Successful performance is required for tacking up and untacking more than one horse.

You must provide performance evidence for putting on and taking off the following tack:

- simple snaffle
- exercise boots
- bridle
- saddle
- neck strap
- numnah

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

The 'difficulties' in performance criteria 4 include the ability to recognise faulty equipment and ill-fitting tack that is likely to cause the horse discomfort.

Numnahs can include pads or cloths.

Element 103.2 Assist with putting on, and taking off, horse rugs

Performance Criteria

You must be able to:

- 1 put the horse rug on according to instructions
- 2 remove, fold and store rugs according to instructions
- 3 report any problems with the rugs to the appropriate person
- 4 adjust rugs under supervision
- 5 maintain the health, safety and security of horse, self and others during the work

Knowledge and Understanding

You must know and understand:

- (a) the potential hazards when wearing rugs with leg straps
- (b) the reason for ensuring that rugs do not slip
- (c) the dangers of incorrectly applied rugs
- (d) the procedure to follow if rugs slip
- (e) how to apply and remove the horse rug
- (f) how to fold and store rugs
- (g) the types of problems which may occur and who to report to

Element 103.2 Assist with putting on, and taking off, horse rugs

Evidence Requirements

Your evidence must prove that you assist with putting on and taking off horse rugs to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for putting on and taking off:

- under rug
- top rugs

You must prove that you have the necessary knowledge, understanding and skills to identify and report the following problems:

- damage to the rug
- difficulty in putting on the rug
- hazards

This may be achieved through questioning and answering.

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

Rugs are put on according to current good practice and should be simple rugs with cross over surcingle and/or leg straps and may be stable rugs and turn out rugs. This may include rollers.

Where performance criteria 3 is not evidenced from observation the following are potential sources of evidence:

- oral questioning
- written
- witness testimony
- portfolio

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

You should be able to observe when rugs have slipped or been incorrectly put on, report this to the appropriate person and be able to adjust the rug under supervision.

Element 103.3 Assist with cleaning tack and horse clothing	
<p>Performance Criteria</p> <p>You must be able to:</p> <ol style="list-style-type: none"> 1 carry out routine cleaning of tack and horse clothing according to instructions 2 identify and report faults and defects in the tack and horse clothing to the appropriate person 3 identify and report any hazards to the appropriate person 4 maintain the health, safety and security of self and others during your work 	<p>Knowledge and Understanding</p> <p>You must know and understand:</p> <ol style="list-style-type: none"> (a) the dangers of unsafe stitching or damaged tack (b) the reasons for regular cleaning of tack and clothing (c) the problems vermin may cause when storing tack (d) how to store clothing and tack (e) basic parts of the saddle and bridle (f) how to carry out routine cleaning of tack and clothing (g) health and safety requirements within the workplace (h) how to use cleaning equipment

Element 103.3 Assist with cleaning tack and horse clothing

Evidence Requirements

Your evidence must prove that you assist with cleaning tack and horse clothing to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for cleaning:

- tack
- horse clothing

You must provide performance evidence for the following types of cleaning:

- washing
- brushing

You must also provide evidence of the knowledge and understanding stated in this element.

Notes

Routine cleaning will cover daily and weekly cleaning of the saddlery and clothing.

This work will involve cleaning tack after routine exercise - washing the bit, wiping over and putting up the bridle. It will also involve taking the bridle to pieces, cleaning thoroughly and reassembling.

Clothing is likely to include boots, bandages, numnahs, girths and rugs. Tack will include simple snaffle bridle and saddle.

Where performance criteria 2 and 3 are not evidenced from observation the following are potential sources of evidence:

- oral questioning
- written
- witness testimony
- portfolio

Witness testimony may be gathered orally, or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

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Unit 104

Assist with handling horses

Element 104.1	Assist with leading and controlling a horse for inspection
Element 104.2	Assist with catching and moving horses

About this unit

This unit is about the routine handling and moving of horses for inspection or between field and stable. The work described in this unit would be carried out under close supervision.

It is relevant if you are involved in the routine handling of horses, including trotting up for soundness, catching horses from and turning horses out into paddocks and stabling.

Element 104.1 involves walking and trotting horses in hand for routine inspection and investigation.

Element 104.2 involves the identification of individual horses, catching them, moving them between field or stable and releasing them.

You will need to be fully aware of the importance of health and safety in connection with this work.

Element 104.1 Assist with leading and controlling a horse for inspection

Performance Criteria

You must be able to:

- 1 maintain control of the horse by using suitable tack and control techniques
- 2 move the horse for health and soundness inspections according to instructions
- 3 lead and control the horse for inspection in accordance with instructions
- 4 wear the appropriate protective clothing
- 5 maintain the health, safety and security of horse, self and others during the work

Knowledge and Understanding

You must know and understand:

- (a) when it is necessary to control horses and the dangers involved
- (b) reasons for safety procedures and protective clothing are identified
- (c) precautions to be taken when controlling horses
- (d) methods for controlling the horse
- (e) the correct use of tack
- (f) the types of inspection and health care procedures which are used

Element 104.1 Assist with leading and controlling a horse for inspection

Evidence Requirements

Your evidence must prove that you assist with leading and controlling a horse for inspection to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for leading and controlling quiet horses for:

- the farrier
- inspection by the vet
- routine inspection in walk and trot

You must provide performance evidence for using the following tack:

- head collar
- bridle

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

Element 104.2 Assist with catching and moving horses

Performance Criteria

You must be able to:

- 1 check the enclosure for safety and security of the horses and report to the appropriate person
- 2 approach the horses in a manner which minimises risk and catch quietly, calmly and with confidence
- 3 identify horses to be moved and remove carefully from enclosure using an appropriate method
- 4 move horses to the required enclosure without damage to health, safety and welfare of the horse, yourself or others
- 5 re-establish horses in the required enclosure
- 6 maintain the health, safety and security of self and others during your work

Knowledge and Understanding

You must know and understand:

- (a) the correct method of handling horses
- (b) how to identify horses including points of the horse, colours and markings
- (c) the importance of approaching horses in a calm, safe manner which promotes confidence
- (d) your responsibilities under current good practice and health and safety arrangements
- (e) how to move horses safely and correctly
- (f) how to establish horses in the new location
- (g) how to check that the area is safe and secure

Element 104.2 Assist with catching and moving horses

Evidence Requirements

Your evidence must prove that you assist with catching and moving horses to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for catching and moving horses for the following reasons:

- feeding
- cleaning

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

This element applies to dealing with safe quiet horses under supervision.

Enclosures include pens, barns and fields, stables.

If dealing with groups of horses you will need to be supervised throughout the operation.

Witness testimony may be gathered orally or in the form of written, signed statements. It is vital testimonials are gathered from those in a position to accurately comment on performance.

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Unit 105

Maintain health, safety and good working relations

Element 105.1	Maintain health and safety in the workplace
Element 105.2	Maintain good working relations with others

About this unit

This unit is about the important areas of health and safety, and working with others. As such it underpins all the work activities which are described in the other units in this qualification.

Element 101.1 covers maintaining health and safety in the workplace. This includes recognising and reporting hazards, complying with legislation and codes of practice, using equipment safely, reporting accidents, wearing the right clothing for the job, using safe lifting techniques and disposing of waste.

Element 101.2 covers maintaining good working relations with others. This includes working with colleagues, as well as visitors (e.g. vets, clients) to the workplace.

Element 105.1 Maintain health and safety in the workplace

Performance Criteria

You must be able to:

- 1 carry out your work according to relevant legislation and codes of practice
- 2 recognise hazards and report them to the appropriate person
- 3 keep your own work area tidy at all times
- 4 use equipment in line with the operating instructions
- 5 report accidents promptly in accordance with legal and organisational policy
- 6 wear clothing which is consistent with good health and safety practice
- 7 use safe techniques for lifting or moving heavy and awkward items
- 8 dispose of waste in accordance with instructions

Knowledge and Understanding

You must know and understand:

- (a) the relevant safety rules and their application in the workplace
- (b) the types of hazards which may be present and to whom these should be reported
- (c) fire and accident procedures
- (d) safe lifting and handling techniques
- (e) precautions to be taken when working with animals
- (f) methods of minimising the contamination of edible materials when moving them around the work area
- (g) methods of stacking materials safely

Element 105.1 Maintain health and safety in the workplace

Evidence Requirements

Your evidence must prove that you maintain health and safety in the workplace to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must prove that you have the necessary knowledge, understanding and skills to recognise and report the following potential hazards:

- mechanical
- chemical
- electrical
- horses
- environmental

This may be achieved through questioning and answering.

You must prove that you have the necessary knowledge, understanding and skills to follow these emergency procedures:

- fire
- accident

This may be achieved through questioning and answering.

You must also provide evidence of the knowledge and understanding stated in this element.

Notes

Where the standards refer to keeping the work area tidy, this covers; equipment, materials and your finished work.

The 'heavy and awkward items' in performance criteria 7 may include; concentrates, roughage, bedding or equipment. 'Awkward items' may not be heavy, but could still be difficult to move, for example large empty containers which are hard to grip. Safe lifting techniques must be used at all times.

Element 105.2 Maintain good working relations with others	
<p>Performance Criteria</p> <p>You must be able to:</p> <ol style="list-style-type: none"> 1 communicate effectively with others 2 respond to requests from colleagues willingly and according to organisational requirements 3 greet and assist visitors courteously and according to organisational requirements 4 discuss, and where possible resolve, any difficulties in good working relations 5 refer any unresolved difficulties to the appropriate person 6 take part in reviews of your progress with the appropriate person at suitable intervals 7 seek advice and clarification if there are aspects of your work which are unclear 	<p>Knowledge and Understanding</p> <p>You must know and understand:</p> <ol style="list-style-type: none"> (a) how to communicate effectively with others (b) the roles and responsibility of the people in the organisation (c) the advantages of effective teamwork (d) why visitors should be dealt with courteously (e) the need for security in the work place (f) reasons why personal progress should be reviewed, and with whom

Element 105.2 Maintain good working relations with others

Evidence Requirements

Your evidence must prove that you maintain good working relations with others to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for maintaining working relations with:

- your supervisor
- colleagues
- visitors

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

Visitors may include clients, vet or farrier.

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Unit 106

Ride horses in an enclosed area

Element 106.1	Mount and dismount quiet horses
Element 106.2	Ride a quiet horse

About this unit

This unit is about the basic skill of riding a quiet horse including mounting, dismounting, walking, trotting, cantering and adjusting stirrups and girths. It is relevant to those involved with the routine exercise of quiet horses under saddle.

The riding skills described in this unit will be carried out under supervision at all times.

Element 106.1 involves getting ready to ride and mounting and dismounting.

Element 106.2 involves checking girths and stirrups and riding a quiet horse in walk, trot and canter in an enclosed area.

Element 106.1 Mount and dismount quiet horses

Performance Criteria

You must be able to:

- 1 select and wear the appropriate personal protective equipment according to instructions
- 2 identify the horse and untie it correctly
- 3 lead the horse to the required area calmly and safely
- 4 carry out the appropriate safety checks on tack and equipment
- 5 mount and dismount under supervision, according to laid down procedures and without causing discomfort to the horse
- 6 maintain the health, safety and security of horse, self and others throughout

Knowledge and Understanding

You must know and understand:

- (a) the use and care of personal protective equipment, including; hats and boots.
- (b) how to recognise discomfort in horses associated with mounting and dismounting
- (c) safety considerations when mounting and dismounting
- (d) the necessary preparations for mounting including checking the girth and pulling down stirrups
- (e) the effect on the horse of mounting and dismounting

Element 106.1 Mount and dismount quiet horses

Evidence Requirements

Your evidence must prove that you mount and dismount quiet horses to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence for using the following protective equipment:

- hat
- boots

You must provide performance evidence for checking the safety of the following tack and equipment:

- checking the girth
- pulling down stirrups prior to mounting

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

Methods of mounting a horse will vary according to the workplace. However, methods are likely to include mounting a quiet horse using a leg up or a mounting block.

Element 106.2 Ride a quiet horse

Performance Criteria

You must be able to:

- 1 adjust tack to meet individual requirements
- 2 adopt an appropriate, balanced riding position which is not detrimental to the horse
- 3 ride the horse in a controlled manner, appropriate to the working area and conditions
- 4 ride the horse in the enclosed area according to instructions
- 5 maintain the health, safety and security of horse, self and others throughout

Knowledge and Understanding

You must know and understand:

- (a) why it is important to adjust girths and stirrups
- (b) reasons for adopting a suitable riding position
- (c) basic principles of controlling a horse
- (d) hazards likely to be encountered when riding in an enclosed space and how these must be minimised
- (e) health and safety precautions to be taken when riding

Element 106.2 Ride a quiet horse

Evidence Requirements

Your evidence must prove that you can ride a quiet horse to the National Occupational Standard. This evidence must be the result of real work that you have undertaken.

You must provide performance evidence of riding a quiet horse.

You must provide performance evidence for riding the horse:

- in simple directions
- with changes of pace
- with changes of direction

You must also provide evidence for the knowledge and understanding stated in this element.

Notes

All riding activities should be carried out in an enclosed area with a suitable horse which is wearing a neck strap.



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